



lifesavers
The Royal Life Saving Society UK

RLSS UK - Wessex Branch

Annual Report 2010



RLSS UK - Wessex Branch
1960 – 2010

Chairman – Simon Port

I can't believe it is almost a year since I took over the Chairmanship of the Wessex Branch from the now RLSS UK President, Stuart Bailey. Taking over the reigns was a tall order; however, I would like to thank Stuart for all his hard work over the recent years and the guidance he has provided to me - I hope I have fitted into the large pair of shoes he left!

As they say behind every Chairman there is a dynamic, well organised and very competent secretary and I can't thank Roger Harris enough for his sterling support. Roger has organised me fully throughout the year, as well as providing the Branch Management Committee with excellent minutes. I must say it was a little unnerving at first to know that the BMC were being recorded "just for the record" but the system works fantastically – thanks for bringing a little modern technology into lifesaving.

The Branch Strategic Business Plan (BSBP) has progressed significantly over the past year thanks to a small but perfectly formed working group who have met "virtually" using Skype – not only saving travelling time but allowing the group to meet in the comfort of their own home. The BSBP was very successfully employed at the recent RLSS HQ Branch and Regional Chairs meeting in February – more of this at the AGM.

I am really pleased to see that the Rookie programme has continued to develop across the Branch. It is critical for the youth to be attracted into lifesaving and this programme has really captured the requirements. Rookies are the future leaders of the Wessex Branch so it is great to see such pro-activity.

The SABL programme has had another outstanding year thanks to a very strong number of TAs leading the effort across the Branch. Even I didn't realise that St Helena was within the Wessex Branch – Thanks to Chris Durnford it is now! It was with great pleasure that the Branch supported Chris on his epic trip using several modes of transport. What a busman's holiday with SABL and lifesaving training delivered.

We have had a number of "Public Relation" events over the past year but as they say you can't get enough good publicity. One PR event of significant note was the visit of the Hampshire High Sheriff to Calleva Lifesaving Club. Please remember as soon as you are aware of an event or incident let the PR Officer know so that we can highlight these activities.

On the competition front I would like to thank Pam Oddy and all those involved in ensuring that a successful Branch event is held. If you would like to enter this year's competition Pam would be very pleased to hear from you. If your Club is struggling for equipment to deliver lifesaving why not consider the Branch Grant Scheme – details are on the Branch Website.

Finally I would like to thank you all for your dedicated and hard work. Your volunteering efforts allow lifesaving to go forward across the Branch.

Hon Secretary – Roger Harris

The last AGM saw the resignation of our long standing Chairman, Stuart Bailey. You may think 'retirement' is a more appropriate word after 9 years at the helm. He certainly has not retired from RLSS work, as he is now the National President - well done, Stuart, onwards and upwards! That makes him the 4th National President from Wessex Branch - can you name the other three?

Stuart's legacy was a healthy and stable bank balance, and a vision to develop the full potential of our Branch, Clubs and all our members, through the Branch Strategic Framework and Business Plan. The plan is not cast in stone, it is a work in progress, within which your ideas and ideals can be nurtured and fulfilled. Have you got a burning desire to improve lifesaving? Do you know a better way to do things? Do you want a piece of the action? Two historic examples of ideas which came from Wessex Branch members - the Torpedo Buoy and Open Water Awards. There are probably loads of other little tweaks or nudges by which our members improved Lifesaving and Lifeguarding over the years and more are just waiting to burst from your brains. Age is not a barrier, but your apathy is.

Tell someone about what bugs you, speak with your club captain or committee, seek help from the RLSS Local Manager in your area, or e-mail anyone on the Branch Management Board. The names and contact details are on the website, and you can post your ideas there too. Badger them to force your ideas through to fruition, or even better, get elected to your Club Committee, get to know your Local Manager, offer to help the Branch to run a short term project to test or develop your idea, or seek election to the Branch Management Committee; it's time some more open minded person pushed me out of a job!

The Branch Grants Committee has had an easy time during the year! I thought its introduction at the AGM last year would start an avalanche of applications for money, but not so. Is it because it's too difficult, or are you too scared to ask, or you did not know how or who to ask, or didn't know we have money waiting to be spent. If it is legal, falls within the aims of the RLSS, and is worthwhile, then what is stopping you from asking for a grant from the Branch? The guidelines are on the RLSS UK website - so get clicking. www.lifesavers.org.uk

Last word - if you don't know who to contact about anything RLSS, or you are getting the brush off from someone you asked for help - make my day, get hold of me.

Rog Harris

honsec@rlss-wessex.org.uk

raharris_wessexawards@btinternet.com

01308 425314

Hon Treasurer - Sonia Hughes

The end of year accounts can be found on page 4. This has been a steady year with little change in income or expenditure.

Officers have continued to give their time and expenses generously on behalf of the Branch, Regional, and National levels of the Society's activities. Claims for the current year are a little lower than previously. I hope more of our volunteers will claim travel expenses as these can become a significant cost for them.

Income from Awards and Sales has declined again. Expenditure shows a larger fall but the figure depends on dates of invoicing and payments at the end of years. A decision has been

made that the 5% discount on NPLQ awards, previously paid to Branches, will be retained in national funds, possibly to help with funding for Regions. This will be a loss of over £1,000 for Wessex.

The increasing use of e-mail is reducing postage and stationery costs.

Training costs have been slightly higher but this is a good investment of our funds. We have covered all the costs of running the courses and subsidised the candidates' costs of essential resources.

Competition costs rise with pool hire charges for both Branch and Region qualifiers. We also offer some financial assistance to competitors who reach the national level of competition.

We have continued to offer services to the community. Those who attend Save a Baby's Life courses are not charged but are invited to make donations which are set against the cost of materials but we do not charge.

I thank all the Officers who have kept me informed of money transfers.

I am still looking for a successor as Treasurer. There are plans for all branch funds to be run centrally with a single link person for their branch account. The workload now is very light compared with a few years ago and the next Branch Treasurer would not have the responsibility of 'accounting' but would need to keep some records.

Any offers? I am considering AGM 2012 or when the change takes effect.

Outreach Co-ordinator – Simon Port

Save A Baby's Live (SABL) has had yet another phenomenal year across the Wessex Branch! I would like to thank all the volunteers who have supported the SABL programme, through all your hard work and effort, an amazing number of training courses have been delivered. 388 parents, grandparents etc have been trained across Wessex!

On a national note, it was disappointing that the RLSS partnership with Tesco to deliver SABL ended. However, through the excellent work Jackie Hoyle has continued to train the MedSin students at Southampton in SABL delivery and this is being rolled out across Wessex as well as much further afield.

Once again I am actively looking for future venues for SABL courses, if you have any suggestions please contact me. Over the past year April 2010 to March 2011 SABL has again been delivered to hundreds of parents in the Wessex region! I would like to thank all the trainers for their excellent work. Can I ask that if you are running a SABL course please can you let me know how many people attended so I can keep a record of all this hard work.

Finally a very big thank for all you help and support.

You can contact me on 01980 863302 or email outreach@rlss-wessex.org.uk
Highbury, 20 Youngs Paddock, Winterslow, Salisbury, SP5 1RS

With your help we can continue to make next year an even safer one with more parents and families trained in SABL.....Happy lifesaving.....

The Royal Life Saving Society – Wessex Branch
Income & Expenditure account for financial year ending 31st December 2010

INCOME

| | £ |
|--|------------------|
| Examination Fees | 5,593.45 |
| Goods | 819.62 |
| Membership | |
| Monthly Membership Branch Proportion | 4,394.97 |
| Quarterly NPLQ Branch Proportion | 1,420.80 |
| Bronze Medallion Branch Proportion | 410.00 |
| Local Authority Grants | |
| Donations | |
| Courses | |
| Competitions | 210.00 |
| Bank or Building Society Interest | 11.07 |
| Raffles | |
| Stock Increase | |
| Postage Receipts | |
| Sundries | |
| Poole Lifeguard Award Fees (R.o.I. only) | |
| TOTAL INCOMING RESOURCES | 12,859.91 |

EXPENDITURE

| | £ |
|--|------------------|
| Examination Fees & Awards | 4,659.81 |
| Goods | 1,681.61 |
| Postage & Stationery | 868.73 |
| Branch Fees | |
| Membership | |
| Insurance | |
| Honorariums | |
| Course Fees | 727.95 |
| Trophies – new and engraving | 37.00 |
| Development | |
| Maintenance | |
| Competition Fees | 1,840.23 |
| Conference Fees | 1,997.50 |
| Room Hire | |
| Sundries | 310.50 |
| Travel & Expenses | 336.90 |
| Depreciation | |
| Audit & Accountancy Fees | |
| Stock Decrease | |
| AGM Expenses | 85.00 |
| Bad Debts | |
| TOTAL RESOURCES EXPENDED | 12,545.23 |
| NET INCOMING / (OUTGOING) RESOURCES | 314.68 |
| FUND BALANCE AT 1 JANUARY 2010 | 24,753.15 |
| FUND BALANCE AT 31 DECEMBER 2010 | 25,067.83 |

Public Relations Officer – Jill Bailey

2010 was the 50th anniversary of Wessex Branch during which all members, clubs and organisations were challenged to promote their activity and RLSS UK by displaying the Branch publicity banners in the most challenging or unusual place. The challenge was won by Steve Overall of RLSS Boscombe Lifeguards. Steve, a veteran from the Falkland Islands war, displayed one of the banners outside Liberty Lodge, Stanley during his return to the islands in April 2010. Whilst this was an excellent entry, it was disappointing that more people did not take up the challenge to publicise the great work of our Society.



A number of Save a Baby Life sessions have been run which promote the work of the RLSS. The feedback received from those who used the banners is that they make a professional backdrop to venues. A few Leisure Centres have asked to use them and this too has helped attract interest to the lifesaving activities they are running. Therefore, as always, I remind you all that the display banners are available for loan to everyone to help promote the RLSS and your club or organisation.

Events were organised, or attended by Branch members during the year, all of which continue to promote the range of activities and opportunities we can provide, but the Branch Management Committee is not aware of this good work. PLEASE drop me an email so I can keep track of this vital activity and also to be able to share your successes (or not) with other members.

The Branch website continues to be developed. At members' request a forum was made available, but there has been a disappointing take up and usage of this. The Branch Strategic Business Plan identifies the website key to our communications to members and the public, therefore, the forum will be reviewed as part of the website's ongoing development. Your feedback on the website and its content is welcome to ensure its continual development.



Calleva Lifesaving Club was awarded the High Sheriff of Hampshire's community award in recognition of the great and valuable voluntary service they have given to their local community over the past 40 years. The club which celebrated its 40th anniversary works in partnership with The Scout Association and Girlguiding UK. The presentation of the award took place early in 2011.

Bournemouth Lifeguards were also "in the news" last year. The club's success at the World Lifesaving competition in Egypt was well reported and toward the end of the year the club was an award for their outstanding contribution to tourism by Bournemouth Borough Council.

Once again, RLSS Poole Lifeguard hosted the Brownsea Island Swim. This has become an established open water swim with participants from far and wide. Over 200 swimmers took part last year. This event raises funds and the local profile for the club, as well as other charities. Last year, just over £13,000 was raised by some swimmers for their own nominated charity. The success of the event is also attributed to Poole Lifeguards' collaborative working with so many different organisations – other RLSS clubs, SLSA and RNLI lifeguards, Poole Harbour Canoe Club, Dorset Police, the Coastguard and Poole Harbour Commission. The event is also supported by the National Trust.

Known Awards Taken in the Branch – 2010

| Life Support | 2010 | 2009 | 2008 | 2007 | 2006 |
|--|-------------|-------------|-------------|-------------|-------------|
| Life Support (formerly Life Support 1) | 29 | 40 | 46 | 39 | 55 |
| Life Support 2 | n/a | n/a | n/a | n/a | 37 |
| Life Support 3 | 104 | 57 | 71 | 60 | 107 |
| Rescue Breathing | 0 | 0 | 0 | 0 | 0 |
| | 133 | 97 | 117 | 99 | 199 |
| Open Water Lifesaving | | | | | |
| Bronze Cross | 10 | 1 | 17 | 14 | 7 |
| Silver Cross | 8 | 1 | 14 | 9 | 4 |
| | 18 | 2 | 31 | 23 | 11 |
| Junior Lifesaving | | | | | |
| Lifesaving 1 | 0 | 0 | 41 | 147 | 130 |
| Lifesaving 2 | 0 | 0 | 18 | 88 | 55 |
| Lifesaving 3 | 0 | 0 | 27 | 49 | 69 |
| Rookie Awards (via the Branch Awards & Sales Officer) | 332 | 478 | 288 | 410 | 569 |
| Rookie Awards (via Lifesavers Direct) | 1496 | 2446 | n/k | n/k | n/k |
| | 1671 | 2929 | 374 | 694 | 823 |
| Senior Lifesaving | | | | | |
| Bronze Medallion | 177 | 130 | 131 | 172 | 201 |
| Award of Merit | 21 | 17 | 51 | 44 | 34 |
| Distinction | 0 | 5 | 6 | 8 | 9 |
| Diploma | 0 | 0 | 0 | 0 | 0 |
| | 198 | 152 | 188 | 224 | 244 |
| Lifeguard | | | | | |
| Assistant Beach Lifesaver Award | 6 | 6 | 11 | 11 | 23 |
| | 6 | 6 | 11 | 11 | 23 |
| Specialist | | | | | |
| Rescue Test Supervisors of Open Water Activity Centres | 0 | 0 | 0 | 0 | 0 |
| Rescue Test Supervisors of People with Disabilities | 0 | 4 | 0 | 0 | 9 |
| Emergency Response (Pool) | 0 | 9 | 0 | 0 | 0 |
| Emergency Response (Open Water) | 0 | 0 | 0 | 0 | 0 |
| National Rescue Award for Swimming Teachers & Coaches | 529 | 402 | 279 | 372 | 299 |
| | 529 | 415 | 279 | 372 | 308 |
| Outreach | | | | | |
| Save a Baby's Life | 388 | 241 | 0 | 158 | 191 |
| Community Life Support | 73 | 27 | 0 | 0 | 0 |
| | 461 | 268 | 0 | 158 | 191 |
| Lifesaver Training | | | | | |
| RLSS UK Trainer Assessor (Lifesaving) | 6 | 0 | 0 | 0 | 0 |
| RLSS UK Assistant Teacher | 0 | 0 | 5 | 9 | 0 |
| | 6 | 0 | 5 | 9 | 0 |
| TOTAL AWARDS | 3022 | 3864 | 1005 | 1590 | 1799 |

Awards Gained by Clubs, Schools etc – 2010

| Name of Organisation | Awards Gained | Name of Organisation | Awards Gained |
|--|---------------|---|---------------|
| Alton Swimming Club | 16 | Little Green School | 13 |
| Alton Sports Centre | 7 | Littledown Centre | 19 |
| Andover Leisure Centre | 5 | Locks Heath Swim School | 11 |
| Applemore Health & Leisure | 12 | Lord Wandsworth College | 35 |
| Basingstoke Sports Centre | 5 | Lymington Health & Leisure | 8 |
| Beaminster Community Pool | 18 | Mallards Swimming Club | 7 |
| Bedales School | 5 | Portsmouth & Southsea Voluntary LGC | 50 |
| Bicknell School | 3 | Red Lodge Community Pool | 1 |
| Bishops Waltham Swim School | 13 | Rescuers Lifesaving Club | 8 |
| Blandford Leisure Centre | 7 | Ridgemedede School | 13 |
| Boscawen Lifesaving & Rescue Club | 16 | Ringwood Health & Leisure | 3 |
| Boundary Oak School | 4 | RLSS Poole Lifeguards | 27 |
| Bournemouth Lifeguard Corps | 10 | Romsey Lifesaving Club | 43 |
| Calleva Lifesaving Club | 11 | Southampton Lifesaving Club | 6 |
| Care Management Group | 9 | Southern Lifeguard Training | 115 |
| Churchers College | 8 | Splash Club | 6 |
| Clayesmore School | 4 | Spring Board Swim School | 6 |
| Dolphin Swimming Pool | 1 | Springfield Swimmers | 14 |
| Dorchester & District Swimming Club | 5 | St Anthony's School | 8 |
| Durrington Swimming & Fitness | 6 | St Mary's School | 2 |
| Farleigh School | 11 | St Swithun's School | 30 |
| Farnborough Hill School | 5 | Swimability | 9 |
| Farnborough Swimming Club | 26 | Totton Health & Leisure | 2 |
| Ferndown Leisure Centre | 9 | Totton Health & Leisure Lifesaving Club | 28 |
| First Class First Aid | 41 | Treloar College | 24 |
| Fleming Park Lifesaving Club | 1 | Victoria Education Centre | 12 |
| Gosport & Fareham Inshore Rescue Service | 9 | Von Essen Group | 10 |
| Hart Leisure Centre | 17 | Waterlooville Leisure Centre | 9 |
| Havant Leisure Centre | 9 | West Dorset Swimming Club | 29 |
| HMS Collingwood Lifesaving Club | 6 | West Hill School | 3 |
| Holbrook Lifesaving Club | 3 | Yateley Lifesaving Club | 29 |
| Leesland School | 2 | TOTAL | 884 |

RLSS Commonwealth Presentations

2010 Russell Medal

The Mountbatten Medal and the Russell Medal are awards made by RLSS Commonwealth. On Tuesday, 30th November 2010, Commonwealth President, HRH Prince Michael of Kent GCVO presented the 2009 Russell Medal to Harry Evans (16) of Bournemouth Lifeguard Corps, and



the 2009 Mountbatten Medal to Andrew Hunt (18) of Kent Branch. The presentations took place at a ceremony in London with the Commonwealth Deputy President, John Barwick and RLSS UK President, Stuart Bailey both present.

Harry was awarded the Russell Medal in recognition of the assistance he gave a gentleman whilst walking through Central Gardens in Bournemouth. The man collapsed in front of him and it was unclear whether the man was in trouble or mucking about. Harry quickly assessed the situation as the lady who was accompanying the man ran off shouting for help.

He assessed the area for any obvious dangers, and then the man for signs of life, however on turning the man onto his back, he saw that his face and turned blue. He instructed his friend to call for an ambulance whilst he started CPR, which he continued CPR until the paramedics arrived. On arrival, the paramedics completed their checks

and took over CPR on the man.

Trophy Winners - 2010

| | |
|---|--|
| K W Baker Trophy for Clubs <i>is presented to the Club gaining the highest number of awards during the past year</i> | Southern Lifeguard Training |
| K W Baker Trophy for Schools <i>is presented to the School or College gaining the highest number of awards during the past year</i> | St Swithun's School |
| Fernhill Trophy for all Affiliated Organisations <i>is presented to the affiliated organisation gaining the highest percentage increase in points for awards during the past year, compared with the preceding year.</i> | Hart Leisure |
| Christopher Trenchard Plate for Resuscitation <i>is awarded to a member who has made the most meritorious attempt to save life by resuscitation or to the affiliated organisation gaining the most points for Life Support awards during the past year.</i> | Portsmouth & Southsea Voluntary Lifeguard Club |
| Southampton Lifesaving Trophy for Pools/ Recreation Centres <i>is awarded on the basis of points gained by Sports/ Recreation Centres and Swimming Pools</i> | Littledown Centre |
| Hawkins Trophy for Lifeguard Clubs <i>is presented to the affiliated organisation in each group which gains the most points for awards during the past year compared with their average over the previous two years</i> | RLSS Poole Lifeguard |

Competitions Officer – Pam Oddy

Wessex Branch Lifesaving Championships

The Branch Lifesaving Championships were again held at Stokewood Leisure Centre, Bournemouth. Thank you to everyone who entered. As always the top three in each age category go onto compete in the South Region competition. I would also like to say a big “Thank you” to everyone who helped me run the competition. It was lovely to see some new faces attend the competition and I look forward to more people entering in 2011.

| SECTION | COMPETITORS | OVERALL POSITION |
|------------------------------------|---|--|
| Junior Girls | Katherine Young & Lucy Millett (Bournemouth) Sarah Ewels & Jessica Drake (Bournemouth) Shannon Gale and Chloe Whiteman (Bournemouth) | 1 st 2 nd 3 rd |
| Junior Boys | Elliot Traves & Joshua Gale (Bournemouth) Jacques Abley & Lewis Earley (Bournemouth) Christian Mersey & Ross Gilbert (Bournemouth) | 1 st 2 nd 3 rd |
| Senior Girls | Amy Burton & Francesca Dean (Bournemouth) Hannah Gilbert & Hannah Robinson (Bournemouth) | 1 st 2 nd |
| Senior Boys | Adam Proudley & Zachary Bradley (Bournemouth) Edward Challis & Kieran Allen (Totton) Alex Hatley & Matt Sadd (Bournemouth) Luke Surplice & Alex Booth (Totton) | 1 st 2 nd 3 rd 4 th |
| Ladies | Danielle Burton Heidi Snook Kelly Chizlett | 1 st 2 nd 3 rd |
| Men | Connor Sleightholme | 1 st |
| Masters (Men) 30 – 39 | Chris Grant | 1 st |
| Masters (Ladies) 40 – 49 | Mel Yates | 1 st |
| 50 – 59 | Dorothy Fox | 1 st |
| 60+ | Janet Taylor | 1 st |

South Region Lifesaving Championships

The South Region competition was held in September. This competition sees competitors from Jersey, Thames Valley and Isle of Wight.

Again, it was lovely to see a team come over from Jersey. Everyone had been training following the Wessex competition and everyone did very well with first places of each age group from the region competition going on to represent South Region at the National Life Saving Championships.

The South Region competition saw some really good results and proved a real competition for places to the national finals. The main excitement for the competition came at the end when the changing rooms were unable to unlock as the key stuck. However all sorted in the end and everyone got home OK and Jersey caught their flight back.

Competitions Officer – Pam Oddy

National Lifesaving Championships

Congratulations to those competitors from Wessex, Thames Valley and Jersey Branches who competed for South Region at the National Lifesaving Championships held in Sheffield in November, competing against lifesavers from all RLSS UK Regions.

| SECTION | COMPETITORS | OVERALL POSITION |
|---|--|--|
| Junior Girls | Marie Rose Abi Aoun and Rebecca Silver (Thames Valley) | 11 th |
| Junior Boys | Joshua Gale and Elliot Traves (Bournemouth) | 11 th |
| Senior Girls | Sarah Ewels and Jessica Drake (Bournemouth) | 7 th |
| Senior Boys | Laurence Wells and Celyn Walters (Thames Valley) | 9 th |
| Ladies | Rachel Healey (Thames Valley) | 14 th |
| Men | Peter Webb (Thames Valley) | 9 th |
| Masters (Ladies) 40 – 49 50 – 59 60+ | Melanie Yates (Bournemouth) Dorothy Fox (Bournemouth) Janet Taylor (Bournemouth) | 6 th 6 th 5 th 1 st |
| Masters (Men) 40 – 49 | Stephen Kershaw (Thames Valley) | 3 rd |
| OVERALL POSITION AS REGION - 9TH (out of 13 competing Regions) | | |

A full copy of all results from this year's competition can be found on the website. If you are interested in competing in 2011, or would like information about competitions, how to get involved or introduce competitions to your club, please contact me.

Pam Oddy – competitions@rlss-wessex.org.uk or 02392 553672



Elaine & Chris Lewis with haul of medals won at the World Masters Lifesaving Competition in Alexandria, Egypt.

Elaine broke the record for the women's aged 50-59, 50m manikin tow by a second and a half.

Chris with his team mate Malcolm Acreman came first in the line throw in the men's events.

Congratulations to all members of the Bournemouth Lifeguard Corps Masters Team. Between them they won 24 medals – 7 gold, 7 silver and 10 bronze.

National and Branch Honours 2010

The following Branch members were recognised for their service and/or meritorious contribution to the RLSS UK in 2010

Service Honours

Honorary UK Life Member

For at least 35 years service

Stuart Bursey

2nd Bar to Service Cross

For those who have given at least 30 years service

| | |
|--------------|-----------------|
| Stuart Clark | Julie Rogers |
| Vivian Dando | Michael Tarrant |
| Julia Drage | |

1st Bar to Service Cross

For those who have served for at least 25 years

| | |
|---------------|-------------------|
| Susan Corbin | Peter Sturgess |
| Clive Holland | Roland Warmington |
| Mark Shakles | |

Service Cross

At least 20 years service

| | |
|-----------------|---------------|
| Robin Bugg | David Lloyd |
| Cyrus Daruvalla | David Moore |
| Penny Fry | Robert Newton |
| Miles Landless | David Young |

Bar to Service Medal

For at least 16 years service

| | |
|-----------------|-----------------|
| Robert Bright | Stephen Overall |
| Christine Burns | Matthew White |
| Abigail Hoyle | |

Service Medal

For at least 12 years service

| | |
|-----------------|-------------------|
| Stella Cobb | Elizabeth Hurrell |
| Christina Davis | |

Certificate of Thanks

For at least four or eight years service

| | |
|--------------|------------------|
| Morris Abley | Nicholas Collins |
| Sharon Abley | John Wheeler |

Merit Honours

Honorary UK Life Governor

Sonia Hughes

Certificate of Merit

| | |
|--------------|------------------|
| Susan Corbin | Nicholas Collins |
| Morris Abley | John Wheeler |
| Sharon Abley | Erica Gamblin |

Certificate of Recognition

| | |
|-----------------|-------------------|
| Cyrus Daruvalla | Roland Warmington |
| Janet Taylor | |

Young Lifesaver of the Year

Heidi Snook

ILS Citation of Merit

Joanne Pollard

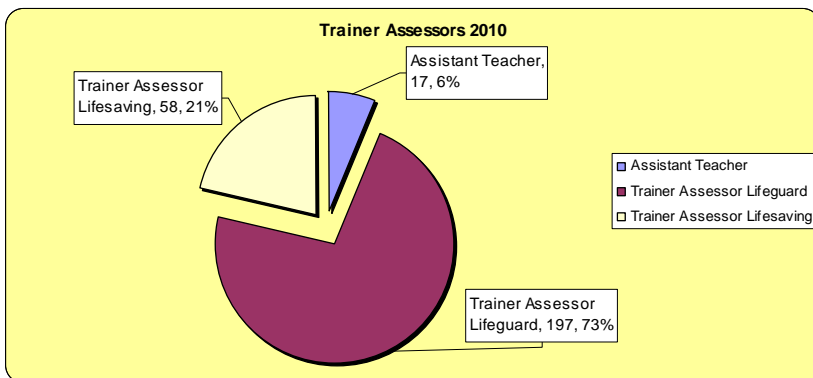
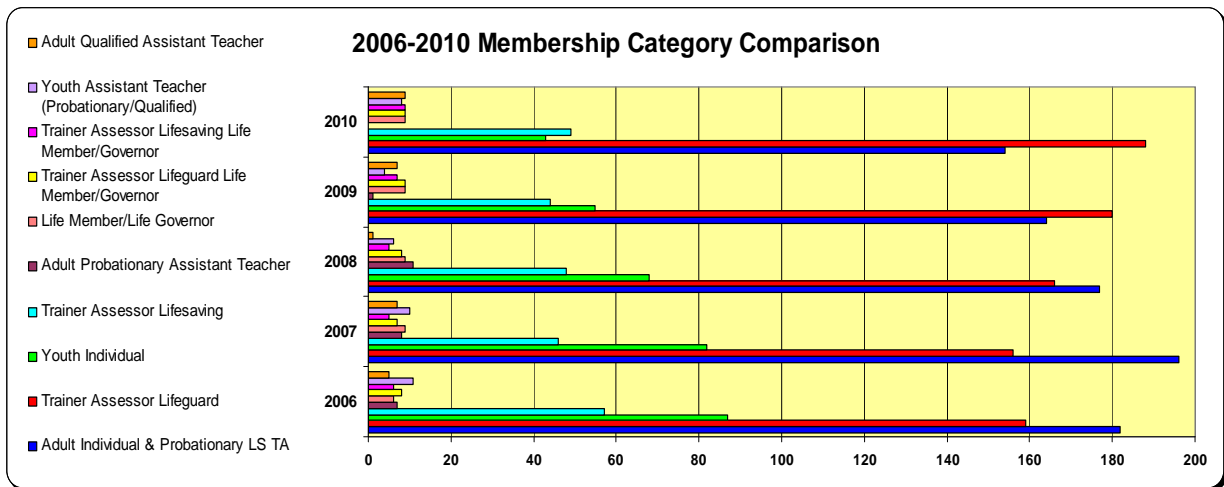
Branch Membership

The total Branch membership as at the end of December 2010 was 576 - 49 Clubs, Schools or Organisations; 476 Adult Members; 51 Youth Members.

Whilst we saw a 13% increase in Adult members, there was a downturn in the number of youth members.

The number of registered Clubs, Schools and Organisations remained unchanged for 2010, however, there are a number of clubs and schools who are not required to affiliate, but do undertake Rookie activity.

A breakdown by category of membership can be seen below



There was an 8% increase in the total number of Assistant Teachers and Trainer Assessors (all disciplines).

The increase is reflected in the Trainer Assessors - Lifeguard (Beach and/or Pool). As can be seen from the graph, 75% of the Trainer Assessors are Lifeguard TAs (the majority of which are vocational Pool TAs)

**PORTSMOUTH & SOUTHSEA VOLUNTARY LIFEGUARDS
INCIDENT REPORTS FOR SEASON MAY – SEPTEMBER 2010**



Between May and September 2010, Portsmouth & Southsea Voluntary Lifeguards dealt with around 100 incidents including first aid, rescues and assistance given both afloat and ashore. Below is a sample of the incidents they deal with on an annual basis.

| DATE | NATURE OF INCIDENT | ACTION TAKEN |
|---------|---|---|
| 3.5.10 | First aid – cut knee from skating fall | Treated |
| 15.5.10 | Yacht with broken rudder entrance to harbour | Rescue boat 1 tasked and stood by until safe |
| 15.5.10 | Yacht with engine problems in harbour | Rescue boat 1 escorted to safety |
| 22.5.10 | First aid – cut foot in sea | Treated |
| 22.5.10 | Inflatable drifting into shipping lane | Rescue boat 1 recovered and returned to shore |
| 23.5.10 | Man with chest pains on promenade | Treated – taken to hospital by ambulance |
| 30.5.10 | Report of “jumpers” from Square Tower | Lifeguard vehicle attended and gave safety advise |
| 30.5.10 | First aid – spinal injury after jet ski incident | Treated – taken to hospital by ambulance |
| 5.6.10 | Two lost children at HQ | Area searched by lifeguards – mother reunited |
| 5.6.10 | First aid – grazed hip on rocks | Treated |
| 6.6.10 | Missing canoe with 3 POB | Rescue boat 1 searched area – casualty found |
| 6.6.10 | Inflatable drifting out to sea with 4 POB | Lifeguard vehicle responded and beckoned in |
| 12.6.10 | Swimmer being assisted by another swimmer | Lifeguard vehicle observed both swimmers OK |
| 12.6.10 | Inflatable ring drifting offshore | Rescue boat 2 recovered ring and 2 swimmers OK |
| 12.6.10 | First aid – cut leg slipping on seaweed | Lifeguard vehicle responded and treated |
| 12.6.10 | 2 teenagers separated from relatives | Lifeguards located and reunited group |
| 13.6.10 | Broken down motor dinghy in Portsmouth Harbour | Rescue boat 2 towed boat to safety |
| 13.6.10 | Kite surfer in difficulty by Royal Marine Museum | Rescue boat 2 attended – surfer back up and OK |
| 19.6.10 | 8 people reported cut off on sand bank | Rescue boat 2 attended and assisted to safety |
| 20.6.10 | Zodiac boat with engine trouble reported | Rescue boat 1 proceeded but boat OK |
| 22.6.10 | Report of sinking fishing vessel at Deal Tail | Rescue boat 1 proceeded. Towed to safety. |
| 26.6.10 | Drifting inflatable at Castle 4 POB | Lifeguards watched inflatable safely to shore |
| 26.6.10 | 10 swimmers too far out from shore | Lifeguard ski patrol escorted closer to shore |
| 27.6.10 | First aid – cut knee on rocks | Treated |
| 27.6.10 | Overdue canoeists missing | Area searched by lifeguard vehicle. Canoeists OK |
| 3.7.10 | First aid – head injury from fall on promenade | Treated and hospitalised by ambulance |
| 4.7.10 | Capsized dinghy in Portsmouth Harbour | Rescue boat 2 assisted and towed to safety |
| 6.7.10 | 2 children trapped in front of sea wall rising tide | Children assisted to safety by rescue boat 2 |
| 6.7.10 | Swimmer in shipping channel | Rescue boat 2 recovered and returned to shore |

| DATE | NATURE OF INCIDENT | ACTION TAKEN |
|-------------|---|---|
| 10.7.10 | First aid – irritating eye | Treated |
| 10.7.10 | Inflatable drifting into shipping channel 2 POB | Rescue boat 2 recovered inflatable to shore |
| 10.7.10 | Report of anti-social jet ski behaviour | Rescue boat 2 investigated but nothing found |
| 10.7.10 | 3 people caught out on submarine barrier | Rescue boat 1 assisted to shore |
| 10.7.10 | First aid – weaver fish sting to foot | Treated and hospitalised by ambulance |
| 10.7.10 | 11 people caught out on submarine barrier | Rescue boat 2 assisted all to shore |
| 10.7.10 | 3 people caught out on end of S.P. Pier | Rescue boat 2 assisted to shore |
| 11.7.10 | Speed boat swamped entrance to harbour | Rescue boat 2 escorted safely back into harbour |
| 17.7.10 | First aid – cut arm from fall | Treated |
| 17.7.10 | Speed boat swamped on shoreline | Rescue boat 1 towed and then escorted to safety |
| 17.7.10 | First aid – lifeguard suspected shoulder injury | Treated and hospitalised by ambulance |
| 17.7.10 | Yacht with engine failure harbour entrance | Rescue boat 1 towed to safety in harbour |
| 17.7.10 | RIB with engine problems near shoreline | Rescue boat 1 assisted and escorted back safely |
| 20.7.10 | First aid – grazed foot from fall | Treated |
| 25.7.10 | Report of sunken kayak in shipping channel | Rescue boat 1 recovered kayak |
| 25.7.10 | Speedboat with inflatable speeding close to shore | Rescue boat 1 intercepted and gave safety advice |
| 25.7.10 | Swimmer in boat passage causing concern | Rescue boat 1 attended and gave safety advice |
| 28.7.10 | First aid – cut foot on rocks | Treated |
| 29.7.10 | Lost child – mother approached lifeguards | Lifeguards searched, found and reunited child |
| 29.7.10 | 8 swimmers long distance out from shore | Lifeguard ski patrol assisted to shore |
| 1.8.10 | First aid – wound re-dressing | Treated |
| 1.8.10 | Speedboat with engine problems | Rescue boat 1 towed safely into harbour |
| 5.8.10 | Report of yacht tipping over in strong winds | Lifeguards investigated report – false alarm (GI) |
| 7.8.10 | First aid – grazed hands from fall | Treated |
| 9.8.10 | First aid – grazed leg from fall | Treated |
| 11.8.10 | Family swamped from ferry wash | Lifeguards assisted to safety |
| 12.8.10 | First aid – bruised head from fall | Treated and suggested treatment centre |
| 19.8.10 | Yacht with fouled rudder | Rescue boat 2 escorted and towed to harbour |
| 21.8.10 | First aid – grazed arm on information sign | Treated |
| 28.8.10 | Report of kite surfer in difficulty at Eastney | Rescue boat 2 attended – self rescued safe & well |
| 1.9.10 | First aid – arm and head abrasions from fall | Treated |
| 12.9.10 | Swimmer from race collapsed, suspect hypothermia | Lifeguards treated, vehicle recovery - ambulance |
| 19.9.10 | Capsized catamaran near S.P. Pier | Rescue boat 2 assisted crew and righted vessel |
| 11.9.10 | 6 people assisted on shore from swimming race | Treated by lifeguards |
| 21.9.10 | Report of despondent man on S.P. Pier | Rescue boat 2 proceeded, man safe with police |

| | 2010 | 2009 | 2008 | 2007 | 2007 | 2006 |
|---|------|------|------|------|------|------|
| Total incidents | 96 | 90 | 110 | 91 | 107 | 98 |
| Rescue boat 1 (P1) incidents | 15 | 12 | 17 | 9 | 14 | 20 |
| Rescue boat 2 (P2) incidents | 17 | 11 | 17 | 17 | 17 | 8 |
| Other Lifeguard incidents | 10 | 9 | 18 | 13 | 12 | 6 |
| First Aids | 48 | 52 | 54 | 50 | 60 | 60 |
| Lost Children / missing person report | 6 | 3 | 4 | 2 | 7 | 9 |
| Persons assisted or rescued at sea | 118 | 69 | 111 | 77 | 99 | 63 |
| Lives lost | 0 | 0 | 0 | 0 | 0 | 0 |
| Land based incidents | 59 | 67 | 61 | 58 | 67 | 66 |
| Water based incidents | 37 | 23 | 49 | 33 | 40 | 32 |
| Total number of people assisted | 180 | 122 | 172 | 131 | 166 | 132 |
| Number of climbers/jumpers from pier, groynes and sea wall structures | 24 | 24 | - | - | - | - |
| Involving inflatables | 5 | 5 | - | - | - | - |
| Requiring Lifeguard vehicle attendance | 5 | 5 | - | - | - | - |

| FIRST AID TRENDS | |
|--|----|
| Minor abrasions | 10 |
| Cuts and lacerations | 27 |
| Broken bones, strains or sprains | 2 |
| Head injuries | 8 |
| Medical condition | 3 |
| Resuscitation required | 0 |
| Insect/fish stings | 2 |
| Eye injuries | 1 |
| Burns | 0 |
| Involving stone throwing impact | 1 |
| Resulting from fall | 19 |
| Involving skateboarding/bike injury | 2 |
| Involving assault/fighting/alcohol | 1 |
| Involving glass or needles | 6 |
| Drug related | 0 |
| Injuries requiring hospital attendance | 7 |
| Injuries requiring treatment centre | 1 |
| Spinal injuries | 1 |

| MONTHLY INCIDENT BREAKDOWN | |
|----------------------------|----|
| May 2010 | 16 |
| June 2010 | 23 |
| July 2010 | 32 |
| August 2010 | 15 |
| September 2010 | 10 |

Branch Management Committee 2010 - 11

| | |
|---|------------------|
| President..... | Anne White |
| Chairman..... | Simon Port |
| Vice Chairman..... | Julia Passingham |
| Hon Secretary | Roger Harris |
| Hon Treasurer | Sonia Hughes |
| Branch Lifesaving Co-ordinator..... | Andy Ackroyd |
| Chief Assessor | Elaine Lewis |
| Awards & Sales Officer | Brenda Palk |
| Public Relations Officer..... | Jill Bailey |
| Child Protection Officer | Julia Passingham |
| Competitions Secretary..... | Pam Oddy |
| Outreach Programmes Co-ordinator..... | Simon Port |
| Club Development Officer (co-opted) | Lauren Dyson |
| Elected Member (co-opted) | Emily Ayres |

Branch Local Managers

| | |
|---|------------------|
| Aldershot & Farnborough..... | Tony Ridler |
| Alton & Petersfield..... | Sharon Wood |
| Basingstoke..... | Mike Levett |
| Bournemouth, Christchurch & Ringwood | Jackie Hoyle |
| Dorchester..... | Brian Hawkins |
| Dorset North, Dorset West, Blandford, Wimborne & Ferndown | Andy Ackroyd |
| Eastleigh | Dennis Arnold |
| Fareham..... | Pete Hockley |
| Gosport | Joanne Young |
| Lymington & New Milton | Barbara Walton |
| New Forest & Southampton | Sheila Pearce |
| Poole..... | David Rainbird |
| Portsmouth..... | Cathie Toft |
| Romsey | Brenda Palk |
| Salisbury & Andover..... | Chris Durnford |
| Wareham & Swanage | Mandy Hobbs |
| Weymouth & Portland | Janet Hewitt |
| Winchester | Julia Passingham |

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