



RLSS Wessex Branch Newsletter

Summer 2009

Branch Management Committee

Following the Branch AGM in April, the Branch Management Committee for 2009-10 is:

President	Anne White
Chairman	Stuart Bailey
Vice Chairman	Julia Passingham
Hon Secretary	Roger Harris
Hon Treasurer	Sonia Hughes
Branch Lifesaving Co-ordinator	Andy Ackroyd
Chief Assessor	Elaine Lewis
Public Relations Officer	Jill Bailey
Child Protection Officer	Julia Passingham
Competitions Secretary	Pam Oddy
Outreach Programmes Co-ordinator	Simon Port
Awards & Sales Officer	Brenda Palk
Club Development Officer	Lauren Dyson (co-opted)
Member without Portfolio	Emily Ayres (co-opted)

Branch Newsletter

Future issues of the Newsletter will be located on the Branch website. Notification will be emailed to all members who have provided us with an email address.

If you do not already receive the newsletter via email, and would like to do so, please send your email address to publicrelations@rlss-wessex.org.uk.

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Please send your news, views, course information, competition dates, advertisements and photographs to Jill Bailey – Branch PRO by:

1 September 2009.....November 2009 issue
1 December 2009.....January 2010 issue

57 Nuthatch Close, Creekmoor, Poole
Dorset BH17 7XR

Email publicrelations@rlss-wessex.org.uk

WWW.RLSS-WESSEX.ORG.UK

The Branch launched its new website at the Branch Annual General Meeting.

Visit the site now and let us have your feedback on its content and any future developments you would like to see. A members' area is already on the list and will come online during the next year

Please email your feedback to webmaster@rlss-wessex.org.uk

relay from River House

Reminder to Trainers

Please ensure that all completed assessment award forms, particularly for **Life Support 3**, are returned to River House. A large proportion of setbacks in the processing of candidate's vocational awards are being experienced due to this delay.

Get Safe 4 Summer 2009

The official launch of the ASA Get Safe 4 Summer campaign was held in Skegness on 1st July 2009 followed by local events throughout the UK. There will be no Regional Get Safe 4 Summer events in 2009. For further information regarding the events, please see the Get Safe 4 Summer website at www.getsafe4summer.org or contact Ceri Kingston at cerikingston@rlss.org.uk.

Appointment of the New Commonwealth Secretary

Francene Leaversuch has been appointed Commonwealth Secretary to succeed John Long, who has retired after some 18 years and considerable contribution to the post. She took up the post at the end of May.

Francene, an Australian, now lives and works in London but was Health Promotion Manager with the Royal Life Saving Society's Western Australia Branch from September 2003 to May 2006 and left the post when she and her husband moved to London.

The Interview Panel were delighted with the very high standard of applicants for the post and are sure Francene is well qualified to fill this important role within our Society. Francene and Emma Harrison are the ideal team to further progress the Society and to continue to support our vital humanitarian work around the Commonwealth.

Course Information

OPEN WATER LIFESAVING TRAINER ASSESSOR COURSE

Sunday 27th September 2009

Venue: to be confirmed
Course Fee: To be advised

Contact:
Andy Ackroyd – Branch Lifesaving Co-ordinator
Email lifesavingcoord@rlss-wessex.org.uk
Tel 01202 895415

LIFESAVING TRAINER ASSESSOR COURSE

Sundays 1st, 8th, 15th, 22nd November 2009

Venue: to be confirmed
Course Fee: To be advised

To register interest, please email Andy Ackroyd –
Branch Lifesaving Co-ordinator
lifesavingcoord@rlss-wessex.org.uk
giving your name, contact number (not mobile) and
email address or alternative contact address

ASSISTANT TEACHER COURSE

Sunday 1st November 2009

Venue: to be confirmed
Course Fee: To be advised

To register interest, please email Andy Ackroyd –
Branch Lifesaving Co-ordinator
lifesavingcoord@rlss-wessex.org.uk
giving your name, contact number (not mobile) and
email address or alternative contact address

Level 1 Judges Course

Saturday 6th September 2009
Bath University
10am to 5pm

For more information contact
Ellen Moore - ellenmoore@rlss.org.uk
or 07833 470285.

DEFIBRILLATOR COURSE

Saturday 14th November 2009

Venue: To be confirmed
Course Fee: £15 (approx)

This course is the RLSS AED qualification,
to suit those who do not hold a defibrillator
qualification or a retake for those whose
certificate has expired.

The fee includes certification valid for
2 years and course handbook.

To book a place contact:
Andy Ackroyd
Branch Lifesaving Co-ordinator
Email lifesavingcoord@rlss-wessex.org.uk
Tel 01202 895415

General

Venues

Can you help the Branch with venues
for courses? We need a venue for all
the above courses.

Courses

Courses can be run at times to suit
Branch members. Bespoke courses
can be run for specific groups. If you
have a requirement for training then
please ask.

Contact Andy Ackroyd –
lifesavingcoord@rlss-wessex.org.uk

Pool Lifeguard Trainer Assessor Course

All modules

Modules 1, 2, 3, 4
plus ISRM Unit 2 Trainers Course

Monday 3rd August to Saturday 8th August 2009

Venue: Shaftesbury, Dorset

Contact: Andrew Ackroyd
T: 01202 895415
E: training@southernlg.co.uk

Trainer Led Assessment: Bronze Medallion Award and Life Support Award

The following information details changes to the assessment requirements for the Bronze Medallion and Life Support awards, which became effective from 21 April 2009:

- Trainer led assessment of the Bronze Medallion and Life Support Awards
- Renewal assessment option for Bronze Medallion candidates

It is anticipated that these changes will make the awards easier for trainers to organise and deliver, ultimately increasing the number of people learning Lifesaving skills. Thank you for continuing to support the delivery of the Lifesaving awards which continue to help the Society to achieve its aim to 'Safeguard lives, in, on and near water'.

Fully qualified Trainer Assessors (TAs) will be permitted to assess candidates that they have trained for the Bronze Medallion (BM) and Life Support (LS) awards. TAs using this method of assessing candidates will be able to assess up to three courses or 36 candidates (whichever comes first); this must then be followed by an external assessment. All other procedures regarding the Bronze Medallion and Life Support awards remain the same and must be adhered to.

FAQ's

Why introduce trainer led assessment?

- ✚ We have no evidence to support the assumption that external assessment standards are more robust than trainer led assessment
- ✚ Evidence shows that problems arranging external assessment has led to a downturn in the number of courses running
- ✚ Enabling trainer led assessment makes it easier to organise courses
- ✚ Qualified Trainer Assessors have the ability and understanding to judge their own candidates

Who can assess their own candidates?

Probationary TAs are not permitted to perform trainer led assessment. Trainer led assessment of the BM and LS awards are strictly limited to holders of the following qualifications:

- ✚ Trainer Assessor Lifesaving and higher
- ✚ Trainer Assessor Pool and higher (with BM TA distance learning pack)
- ✚ Trainer Assessor Beach and higher (with BM TA distance learning pack)

(Reminder – TAs are required to hold a current Life Support 3 qualification and be in current membership of the Society)

Who can train the Bronze Medallion?

The training requirement has not changed at this time, any person with experience of Lifesaving can train the award and have the candidates assessed by a relevantly qualified TA. Only relevantly qualified TAs can assess their own candidates (as above).

Which senior awards can be trainer assessed?

The BM and the LS award only, whether taken at the same time or independently. Other awards that have always been trainer assessed such as Lifesaving 1-3 and Rookie Lifeguard are unaffected.

How many consecutive times can trainer led assessments take place?

- ✚ A trainer can assess up to three courses or 36 candidates (whichever comes first)
- ✚ A maximum of four candidates can be assessed at one time

What is an external assessment?

An external assessment is an assessment performed by a suitably qualified TA (or higher) who has not been involved with the training of the candidates for the award being assessed.

How many external assessments have to take place before returning to trainer led assessment? What is an external assessment?

At least one external assessment must take place to break the cycle of trainer led assessment.

How many consecutive times can a TA or higher assess another trainer's candidates?

An assessor should not assess more than 36 candidates (three classes) for the same trainer. This means that non-TA Trainers will have to change the assessor they use after every 36 candidates (three courses). A different assessor should be used for a minimum of one assessment.

As a TA trying to count how many assessments I have completed, does a BM with Life Support assessment count as one or two assessments?

All assessments will be recorded separately. For example if a TA assesses four BMs with LS, this would count as four BM assessments and four LS assessments.

What if the whole class can't be assessed in one session?

This is fine.

Can trainers self present and assess themselves?

No. Trainers can self present for BM and LS, but they must be assessed by another relevantly qualified external Trainer Assessor.

What if the Bronze Medallion is being used as a vocational rescue qualification?

The Society does not support the use of the BM award as a vocational rescue award.

What if the Life Support is being used as a vocational qualification?

The Society does not support the use of the Life Support award as a vocational award. Life Support 3 is a vocational qualification.

What if a Bronze Medallion candidate wants to be assessed for Life Support 3?

The Life Support 3 element must be externally assessed. This would present a good opportunity to have the candidates externally assessed for the whole award.

Can trainer led assessment take place for a Life Support award when it isn't being taken as part of the Bronze Medallion award?

Yes, by a suitably qualified TA or higher.

What quality assurance is in place?

- ✚ External assessment must take place for every fourth course
- ✚ External assessment may be chosen as the method of assessment at any time
- ✚ RLSS UK reserve the right to oversee any assessment
- ✚ The standard RLSS UK complaints and appeals procedure applies

What paperwork should be completed?

The standard award paperwork should be completed.

Bronze Medallion and BM with LS Course:

- ✚ The 'LS and BM Assessment Registration Form'
- ✚ Certificate order form per candidate
- ✚ Assessment Report Form

Life Support Course

- ✚ RLSS UK Assessment Report form

DIARY DATES

NATIONAL MEETINGS & EVENTS	
11 th to 13 th September 2009	ILS Board Meeting (venue to be confirmed)
12 th September 2009	National Standing Committees (River House)
22 nd to 24 th September 2009	Leisure Industry Week (LIW) (NEC)
3 rd October 2009	Presentation of Honours (Guildhall, London)
10 th October 2009	Management Board Meeting (River House)
15 th October 2009 (tbc)	NPLQ Programme Board (River House)
17 th to 25 th October 2009	Branch Management Committees – Band 4
24 th October to 1 st November 2009	Regional Executive Committees – Band 4
31 st October 2009	National Lifesaving Championships (Ponds Forge, Sheffield)
5 th December 2009	Management Board Meeting (River House)
BRANCH MEETINGS & EVENTS	
27 th September 2009	Open Water Lifesaving Trainer Assessor Course
22 nd October 2009	Branch Management Committee
14 th November 2009	Defibrillator Course
20 th January 2010	Branch Management Committee
10 th April 2010 (provisional)	Branch Annual General Meeting
26 th June 2010 (provisional)	Branch Lifesaving Championships
SOUTH REGION MEETINGS & EVENTS	
5 th September 2009	South Region Lifesaving Competition (Winchester)

Bronze Medallion Award Renewal Assessment Guidance Notes

Any person who holds a current Bronze Medallion (BM) award is able to be entered into assessment as a renewal candidate. This has no affect on the course that the candidate attends, or the method of assessment, but as the candidate will already own an up to date BM Candidate Pack there will be a cost saving in purchasing the assessment form only.

There are a number of conditions to the submission of a renewal candidate, and a small number of administrative changes for the course trainer to make. Please follow the guidance below when submitting renewal BM candidates.

Please do not stockpile renewal assessment forms.

Candidate requirements

1. To be eligible as a renewal candidate, the candidate must present current certification at the time of assessment. A current Bronze Medallion award at the time of course registration that will expire before the assessment date is not sufficient to qualify as a renewal candidate.
2. The candidates must have their original Bronze Medallion Candidate Pack. This is essential for the candidates to review the award theory information, and for them to have as a reference into the future to help them to retain their knowledge. It is the responsibility of the course trainer to ensure that all renewal candidates have their own Bronze Medallion Candidate Pack.

Training the course

1. Courses should be trained in the usual way, it may be suitable to reflect the knowledge of the candidate in the method or duration of course delivery.
2. Renewal candidates are able to attend the same course/training as new candidates or can also be trained separately.

Course administration (for the trainer)

1. BM Renewal Assessment Forms must be purchased for all renewal candidates.
2. Renewal candidates will have already used the Certificate Order Form from their Bronze Medallion Candidate Pack so an additional Certificate Order Form will be included in the Renewal Assessment Form Pack.
3. Bronze Medallion Renewal Assessment Forms are ordered through Lifesavers Direct (order code CP0024, cost £15.00).
4. It is the responsibility of the course trainer to ensure that each renewal candidate has their original Bronze Medallion Candidate Pack.

Renewal Assessments

1. There is no change to the Bronze Medallion or Life Support assessment.
2. The assessor must complete the Bronze medallion Renewal Assessment Form for each renewal candidate.



Iron Man Competition and Lifesaving Road Show

26th July 2009

Lifesaving Road Show:

Coaching will be given in SURF SKI PADDLING, BOARD PADDLING, and ALL ASPECTS OF SPRINT AND FLAG EVENTS. All ages and experiences welcome. Even if you don't have any experience and want to take part please come and join in. The only stipulation is you must be a competent swimmer.

Start: 10.30am

Cost: £5

Ironman: All Ironman disciplines will be incorporated. The categories are MALE and FEMALE. The age group is OPEN ONLY (no age groups). You can enter as an individual or a team (max 4 people, mix if you wish). To enter this event you must be competent ski and board paddlers. Equipment is your own responsibility.

Start: registration is from 2pm for a 2.30pm start

Cost: £5 (individual or team)

Swan Pool, Sandwell Valley
West Bromwich, West Midlands

For further information contact:

Phone: 07912 059476

Email: johnarnold5257@hotmail.co.uk

PLEASE PASS THIS ON TO YOUR CLUB MEMBERS OR ANY INTERESTED PARTIES

Calling All Competitors

Bournemouth Beach Lifeguard Championships 2009

13th – 14th September 2009

Bournemouth Lifeguard Corps would like to announce that the Bournemouth Beach Lifeguard Championships 2009 is up and running.

If you would like to enter a team or would like to enter as individuals please go to www.bournemouthlifeguards.org.uk website where you will find details of the events, a full set of Rules and Team and Individual Entry Forms.

Send completed forms, together with a cheque to:

Deby Sturgess. BBLC - BLGC
42 King Richard Drive
Bearwood, Bournemouth
Dorset BH11 9UF

Closing date: 13th August 2009

This year there is a limited number of team spaces for each category.

Should you have any questions please do not hesitate to contact Deby Sturgess via email on debysturgess@ntlworld.com or by telephone on 01202 576292 (if possible avoid 7pm-8pm).

If you know of any other club or individuals that would like to compete in this event please let them know the above details or guide them towards the Bournemouth Lifeguard Website.

Scout Canoe Instructor Pat Tarry has been awarded the British Canoe Union's Female Volunteer Coach of the Year

Pat, of Eastleigh near Southampton, received her award from Olympic Kayak Sprint Gold Medallist Dr Tim Brabants. The special ceremony was held at Holme Pierpoint, the National Water Sports Centre near Nottingham.

Pat has trained young people since she qualified as an instructor in 1988. Her interest in water sports began some 50 years ago as a teenage Sea Ranger in Southampton, when she went on a canoe trip down the River Wye.

'The best thing about teaching young people how to canoe is when you help someone overcome their initial nerves about getting on the water,' said Pat. 'Talking them through that first experience so they come back the next week and develop is a great satisfaction.'

Her enthusiasm for canoeing and kayaking is shared with an ever-increasing number of Scouts and Guides attending her weekly paddling sessions.



Pat is also a Branch Trainer Assessor and runs Eastleigh Lifesaving Club.

SWIMMING POOL SAFETY IN THAILAND AND SOUTH EAST ASIA

Local water safety firm Southern Lifeguard Training recently completed delivery of a Royal Lifesaving Society Lifesaving Trainer Assessor course at Patana School Bangkok. Patana School, one of the leading independent school's in Thailand is able to boast an impressive new facility for theory and both a 50 metre and 25 metre pool for the practical work. The seven candidates from the Bangkok Patana School and Tanglin Trust School in Singapore all successfully achieved RLSS Lifesaving Trainer Assessor status. Because of its location and distances involved, the course was designed as a "One stop shop" to enable full Trainer Assessor status to be achieved in one week.

NTAs Andrew Ackroyd from Wessex Branch and Ian Hutchins from Devon Branch delivered the course, which involved delivery of the Society's Education Programme and mentoring the seven candidates whilst they were teaching seven independent NRASTC courses. Each Probationary Trainer delivered the NRASTC to four candidates and then moved over to assess candidates from another parallel course. The thirty two NRASTC candidates included PE and support staff from Bangkok Patana School and Harrow International School. It was also attended by a representatives of the Thai Lifesaving Association who where also kind enough to entertain Andy and Ian. Col. Adisak Suvanprakorn also attended.



Since qualifying as Trainer Assessors, candidates have run course for staff in Singapore, Vietnam, Thailand and Hong Kong. Chris Rawlings and Mark Andrews from Tanglin School in Singapore have been very active in delivering the RLSS Bronze Medallion to school pupils.

Branch Management Committee Addresses
(Updated April 2009)

PRESIDENT	Mrs Anne White Woodlands, Copse Lane, Hayling Island, Hampshire PO11 0QB Tel 02392 466710 Email president@rlss-wessex.org.uk
CHAIRMAN	Mr Stuart Bailey 57 Nuthatch Close, Creekmoor, Poole, Dorset BH17 7XR Tel 01202 698604 Email chairman@rlss-wessex.org.uk
VICE CHAIRMAN	Mrs Julia Passingham 45 Witt Road, Fair Oak, Eastleigh, Hampshire SO50 7FN Tel 02380 692393 Email vicechair@rlss-wessex.org.uk
HON SECRETARY	Mr Roger Harris 30a South Street, Bridport, Dorset DT6 3NQ Tel/Fax 01308 458555 Email honsec@rlss-wessex.org.uk
HON TREASURER	Mrs Sonia Hughes Maple House, East Grimstead, Salisbury, Wiltshire SP5 3RT Tel 01722 712760 Email treasurer@rlss-wessex.org.uk
CHIEF ASSESSOR	Mrs Elaine Lewis 34 Fernside Road, Winton, Bournemouth, Dorset BH9 2LB Tel 01202 520565 Email chiefassessor@rlss-wessex.org.uk
BRANCH LIFESAVING CO-ORDINATOR	Mr Andy Ackroyd 62 Locksley Drive, Ferndown, Dorset BH22 8JZ Tel 01202 895415 Email lifesavingcoord@rlss-wessex.org.uk
PUBLIC RELATIONS OFFICER	Mrs Jill Bailey 57 Nuthatch Close, Creekmoor, Poole, Dorset BH17 7XR Tel 01202 698604 Email publicrelations@rlss-wessex.org.uk
MEMBERSHIP SECRETARY	Mrs Sheila Pearce 45 St Michael's Road, Totton, Southampton, Hampshire SO40 3QH Tel 02380 867921 Email membership@rlss-wessex.org.uk
AWARDS & SALES OFFICER	Mrs Brenda Palk Penlee, Halterworth, Crampmoor, Romsey, Hampshire SO51 9AN Tel 01794 513862 Email awardsandsales@rlss-wessex.org.uk
COMPETITIONS SECRETARY	Mrs Pamela Oddy 26 Albacore Close, Lee on the Solent, Hampshire PO13 8GG Tel 02392 553672 Email competitions@rlss-wessex.org.uk
CHILD PROTECTION OFFICER	Mrs Julia Passingham 45 Witt Road, Fair Oak, Eastleigh, Hampshire SO50 7FN Tel 02380 692393 Email childprotection@rlss-wessex.org.uk
OUTREACH PROGRAMMES CO-ORDINATOR	Dr Simon Port Highbury, 20 Youngs Paddock, Winterslow, Salisbury, Wiltshire SP5 1RS Tel 07901 513856 Email outreach@rlss-wessex.org.uk
YOUTH DEVELOPMENT OFFICER	Miss Lauren Dyson 17 Haynes Avenue, Poole, Dorset BH15 2ED Tel 01202 682286 Email youthdevelopment@rlss-wessex.org.uk
MEMBER WITHOUT PORTFOLIO	Miss Emily Ayres 22 Matlock Road, Ferndown, Dorset BH22 8QU Tel 01202 896824 Email webmaster@rlss-wessex.org.uk